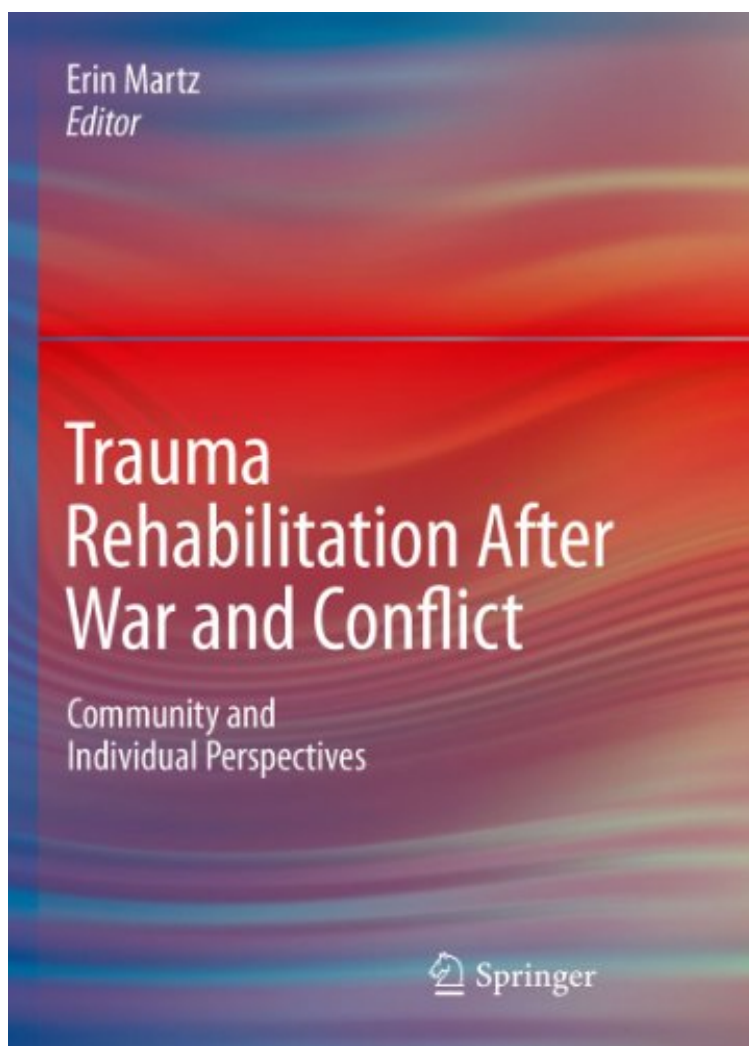


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# Trauma Rehabilitation After War and Conflict: Community and Individual Perspectives



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appreciation for its subject matter." - Hanoch Livneh, Hanoch Livneh, Ph.D., LPC, CRC, Portland State University

Fear, terror, helplessness, rage: for soldier and civilian alike, the psychological costs of war are staggering. And for those traumatized by chronic armed conflict, healing, recovery, and closure can seem like impossible goals. Demonstrating wide-ranging knowledge of the vulnerabilities and resilience of war survivors, the collaborators on *Trauma Rehabilitation after War and Conflict* analyze successful rehabilitative processes and intervention programs in conflict-affected areas of the world. Its dual focus on individual and community healing builds on the concept of the protective "trauma membrane," a component crucial to coping and healing, to humanitarian efforts (though one which is often passed over in favor of rebuilding infrastructure), and to promoting and sustaining peace. The book's multiple perspectives including public health, community-based systems, and trauma-focused approaches reflect the complex psychological, social, and emotional stresses faced by survivors, to provide authoritative information on salient topics such as: Psychological rehabilitation of U.S. veterans, non-Western ex-combatants, and civilians; Forgiveness and social reconciliation after armed conflict; Psychosocial adjustment in the post-war setting; Helping individuals heal from war-related rape; The psychological impact on prisoners of war; Rehabilitating the child soldier. *Trauma Rehabilitation after War and Conflict* lucidly sets out the terms for the next stage of humanitarian work, making it essential reading for researchers and professionals in psychology, social work, rehabilitation, counseling, and public health.

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