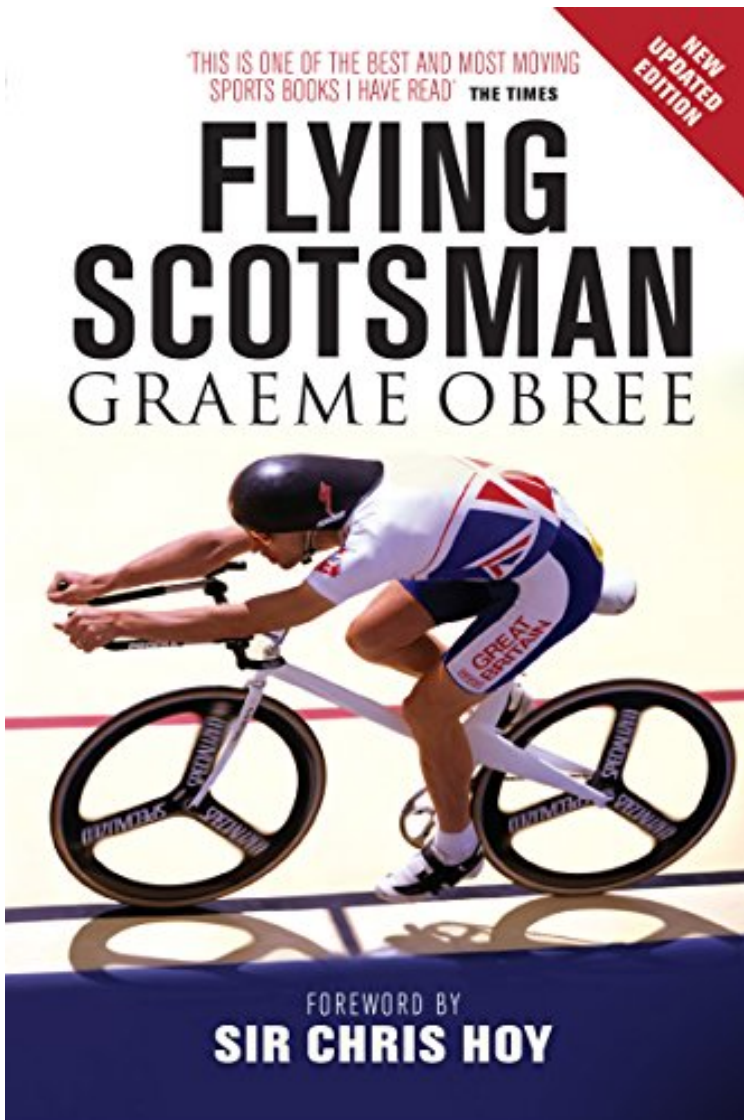


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# Flying Scotsman



*Par Graeme Obree, Sir Chris Hoy  
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**Description :** Description du produitLittle-known Graeme Obree became international cyclings most unlikely star, capturing the publics imagination with his innovative engineering and design skills and unique training regiments. When he broke world records and won championships, the cycling authorities outlawed both his bike and his tucked riding position. He invented the "Superman" riding style and triumphed again. But while battling authorities and other cyclists, Obree was also battling a much more serious threat: bipolar disorder. In *The Flying Scotsman*, Obree tells his remarkable story with brutal honesty and unexpected humor. Beginning with his troubled childhood in Ayrshire, where the bike was his only escape, Obree recounts his turbulent life and career, describing what drove him to not only break records, but to attempt suicide on three separate occasions. Long known for his courage on the track, here Obree demonstrates a different kind of courage as he movingly lays bare his struggle with manic depression.

Prsentation de l'diteurNEW UPDATED EDITION 'This is one of the best and most moving sports books I have read' - The Times 'Deeply moving. His determination and single-mindedness was and still is a true inspiration to me' - Sir Chris Hoy 'This is a book that must have taken great courage to write, is a harrowing reminder of how little the public know about sportsmen, no matter how brightly the spotlight shines on them' - The Guardian 'Hard-hitting and brutally honest' - Cycling Weekly Number 10 in Cycle Sport's Best 50 Cycling Books of All Time. On 17 July 1993, Graeme Obree stunned the international world when he emerged from obscurity to smash Francesco Moser's World Hour Record. Flying Scotsman is Graeme Obree's searing autobiography, from his tough upbringing in Ayrshire where he found escape on the roads, to his head-to-head duals with Chris Boardman and his rise to become a major star on the European circuit. Obree created massive controversy in the professional cycling world with his unique riding style and his pioneering construction techniques - famously using washing-machine parts to complete the building of his 'Old Faithful'. Yet all his sporting success was achieved in the shadow of manic depression and suicidal despair. Obree brings his amazing life story up to date in this new edition of his critically acclaimed, best-selling autobiography, as he continues to astound the world with his creative genius and sporting prowess.

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