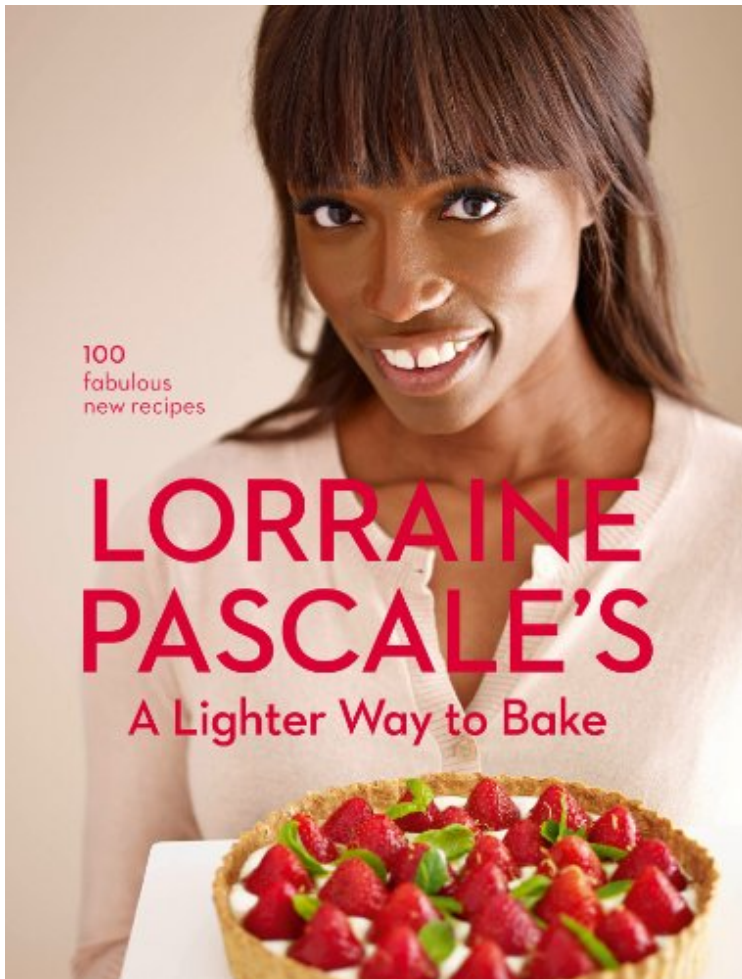


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A Lighter Way to Bake



Par Lorraine Pascale
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Description :

Prsentation de l'diteurIn this fabulous new book, Lorraine Pascale, Britains beloved chef and tv personality, brings together the two hottest trends in cookery right now: baking and eating lighter, healthier meals!Lorraines dreamt up 100 delicious, easy recipes, all fully illustrated, ranging from savoury scones and coconut and lime loaf to apricot and ginger chiffon cake, sesame pretzel buns and cauliflower gratin bakes.Lorraine reinvents traditional favourites (her amazing brownies) but shows us neat shortcuts to cut the fat or the sugarwithout losing any of the flavour. They are goodies with goodness. Each recipe has a comparison with a standard version so you can see just how much better for you Lorraines way is.A perfect Christmas gift for every baker in your life or buy it for yourself to have an indulgent but healthy Christmas.Prsentation de l'diteurIn this fabulous new book, Lorraine Pascale, Britains beloved chef and tv personality, brings together the two hottest trends in cookery right now: baking and eating lighter, healthier meals!Lorraines dreamt up 100 delicious, easy recipes, all fully illustrated, ranging from savoury scones and coconut and lime loaf to apricot and ginger chiffon cake, sesame pretzel buns and cauliflower gratin bakes.Lorraine reinvents traditional favourites (her amazing brownies) but shows us neat shortcuts to cut the

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Christmas gift for every baker in your life or buy it for yourself to have an indulgent but healthy Christmas. *Biographie de l'auteur* Lorraine Pascale earned her stripes training at Leiths School of Food and Wine, where she earned a diploma, and went on to earn a degree in International Culinary Arts. After doing stages at some of the most renowned kitchens in the world, Lorraine decided that working eighteen-hour days for someone else wasn't for her. She decided to start her own business, The Cupcake Bakehouse, located in London's Covent Garden, and create popular books for busy people who want to make delicious, imaginative food without too much fuss and hassle.